**DISHES AND THEIR ALLERGEN CONTENT ..WEEK 1 (MON)**

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Tuna Salad [example] | **✓** |  |  | **✓** | **✓** |  | **✓** |  | **✓** |  |  |  |  |  |
| Giant Yorkshire Pudding  (799170) |  | (WHEAT) X |  | X |  |  | X |  |  |  |  |  |  |  |
| Mash Potato (JOHN PALIN)  ¼ Cut Prepped Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pork Sausage  (713410) |  | (WHEAT) X |  |  |  |  |  |  |  |  |  |  |  | X |
| G/F Gravy Mix  (215560) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Sausage  (799991) |  | (WHEAT) X |  |  |  |  |  |  |  |  |  |  |  |  |
| Roasted Root Vegetables  Swede Mash (John Palin, Prepped Veg) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta (105350)  7-Veg Sauce |  | (WHEAT) X |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket Potato ( John Palin )  Beans (1050730) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese (Great Central Meats) |  |  |  |  |  |  | X |  |  |  |  |  |  |  |

Review date: 11/10/24 Reviewed by David Hendry