**DISHES AND THEIR ALLERGEN CONTENT ..WEEK 3 (MON)**

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Tuna Salad [example] | **✓** |  |  | **✓** | **✓** |  | **✓** |  | **✓** |  |  |  |  |  |
| Beef Mince (GCM)  Pasta(105350) |  | (WHEAT) X |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic Bread (765300) |  | (WHEAT) X |  |  |  |  | X |  |  |  |  |  | X |  |
| Winter Veg Mix (Palin)  Root Vegetable (Palin) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Diced Swede (Palin)  Butter (352210) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket Potato (Palin)  Beans (1050730) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese (GCM)  7-Veg Sauce |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
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Review date: 11/10/24 Reviewed by: David Hendry