**DISHES AND THEIR ALLERGEN CONTENT ..WEEK 2 (WED)**

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Tuna Salad [example] | **✓** |  |  | **✓** | **✓** |  | **✓** |  | **✓** |  |  |  |  |  |
| Chicken Thigh (GCM)  ¼ Cut Prepped Potatoes (Palin) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic (1065260)  Thyme (189581) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Vegan Fillet (799981) |  | (WHEAT) X |  |  |  |  |  |  |  |  |  |  |  |  |
| Yorkshire Pudding (799150)  G/F Gravy Mix (215560) |  | (WHEAT) X |  | X |  |  | X |  |  |  |  |  |  |  |
| Broccoli / Cauliflower (Palin)  Flour(140750)  Milk(154270)  Butter(352210) |  | (WHEAT) X |  |  |  |  | X |  |  |  |  |  |  |  |
| Pasta(105350)  Jacket Potato (Palin) |  | (WHEAT) X |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese (GCM)  Beans (1050730) |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
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Review date: 11/10/24 Reviewed by David Hendry