**DISHES AND THEIR ALLERGEN CONTENT ..WEEK 1 (WED)**

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Tuna Salad [example] | **✓** |  |  | **✓** | **✓** |  | **✓** |  | **✓** |  |  |  |  |  |
| Honey (272010)  Gammon Horseshoe (GCM) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ¼ Cut Prepped Potatoes (PALIN)  Yorkshire Pudding (799150) |  | Wheat X |  | X |  |  | X |  |  |  |  |  |  |  |
| G/F Gravy Mix (215560)  Quorn Vegan Fillet (799981) |  | Wheat X |  |  |  |  |  |  |  |  |  |  |  |  |
| Baton Carrots/ Cauliflower (Palin)  Flour (140750)  Butter (352210)  Milk (154270) |  | Wheat X |  |  |  |  | X  X |  |  |  |  |  |  |  |
| Pasta (105350)  Jacket Potato (Palin) |  | Wheat X |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese (GCM)  Beans (1050730) |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
| 7-Veg Sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Review date: 11/10/24 Reviewed by: David Hendry