**DISHES AND THEIR ALLERGEN CONTENT ..WEEK 1 (THUR)**

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Tuna Salad [example] | **✓** |  |  | **✓** | **✓** |  | **✓** |  | **✓** |  |  |  |  |  |
| Italian Meatballs (715450)  Pasta (105350) |  | (WHEAT) X  (WHEAT) X |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic Bread (765300)  7-Veg Sauce |  | (WHEAT) X |  |  |  |  | X |  |  |  |  |  | X |  |
| Sweet Potato Falafel (782540) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| White Cabbage / Leeks (Palin)  Butternut Squash (Palin) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta, (105350)  7-Veg Sauce |  | (WHEAT) X |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket Potato (Palin)  Cheese (GCM) |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Beans (1050730) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Review date: 11/10/24 Reviewed by: David Hendry