**DISHES AND THEIR ALLERGEN CONTENT ..WEEK 1 (FRI)**

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Tuna Salad [example] | **✓** |  |  | **✓** | **✓** |  | **✓** |  | **✓** |  |  |  |  |  |
| Battered Cod Fillet (723840)  Seasoned Wedges (151230) |  | (WHEAT) X |  |  | X |  |  |  |  |  |  |  |  |  |
| Beans (1050730)  Pasta (105350) |  | (WHEAT) X |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese (GCM)  Milk (154270)  Butter (325510)  Flour (140750) |  | (WHEAT) X |  |  |  |  | X  X |  |  |  |  |  |  |  |
| Diced Carrots ( Palin)  Broccoli (Palin) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta  Jacket Potato (Palin) |  | (WHEAT) X |  |  |  |  |  |  |  |  |  |  |  |  |
| 7-Veg Sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Review date: 11/10/24 Reviewed by: David Hendry