



**Lees Brook  
Academy**

23 January 2024

Dear Parents & Carers,

**Duke of Edinburgh – Bronze Peak District Practice Expedition**  
**Group B: Friday 17<sup>th</sup> and Saturday 18<sup>th</sup> May 2024**

As part of the Bronze Duke of Edinburgh's Award Scheme, students will complete a two-day practice expedition on the above date in the Peak District. Students will be walking in the White Peak area and will stay at a campsite en-route in the Peak District.

Walking in groups, students will navigate their way along a planned route, carrying all their kit in a rucksack. Groups are remotely supervised during the day, meeting up with staff members along the way. On reaching the campsite, students will pitch their tents and cook their evening meal on a Trangia stove. The next morning, after eating their breakfast and packing away camp, students will set off for the second day of their practice expedition.

There may be an opportunity to have a campfire during the evening, which will be directly supervised by staff. There will also be the opportunity for a short night walk, led by staff, to help develop students' navigation skills.

Expeditions are supervised by a team of Lees Brook staff. They are on hand throughout the expedition, meeting with groups along the route and staying at the same campsite to supervise and offer support when necessary.

**Wednesday Before the Expedition**

Students are expected to attend a preparation session at school from 3.00pm – 4.45pm approx. to pack their rucksacks. Students will need to bring in all personal kit, in a bin bag / holdall labelled clearly with their name. This should be dropped off in the storeroom before school between 8:00 and 8:20am, ready for rucksack packing after school. Only perishable food / medication should be brought in on the day of the expedition.

**Expedition Schedule**

Students should arrive at school for 8:00am on the morning of the expedition. We will be leaving school shortly after and will travel to the Peak District by school transport.

We will be returning to school during the afternoon / evening on Saturday. We are unable to provide a specific return time due to the nature of the activity. There is limited mobile signal in the Peak District; however, your child will be able to contact you on the way to school to provide you with an estimated time of arrival.

Lees Brook Academy | Morley Road, Chaddesden, Derby, DE21 4QX  
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Principal : Clare Watson

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Registered Office: Aspley Lane, Nottingham, NG8 5GY



Please be aware: all students are required to help unpack equipment on return to school which will take approximately 60 minutes. Your child will be free to make their own way home when this is complete.

### **3 Month Assessors Report Deadline: Monday 25<sup>th</sup> March 2024**

Please be aware that your child must have uploaded their two, three-month section assessor's reports on to their D of E App by the above date. This is for their chosen skill / volunteering / physical sections of the award.

Students will not be allowed to attend the expedition if the two reports have not been uploaded. Students have been shown how to do this during meetings; however, should your child have any difficulties with this, please tell them to see their leader who will be able to help.

### **Mobile phones**

We encourage students to bring mobile phones for emergency use. It is, however, against D of E conditions for students to use mobile phones for any other reason during their expedition. Because of this, students will have their phone sealed in a tamper proof bag, which can be kept with them for emergency use. D of E is a great opportunity for some screen downtime. We have a D of E mobile should your child wish to make a quick call home before bed.

### **Emergency Contact Details**

Please provide any information about your child, such as medical conditions, medication or personal circumstances that may affect your child's performance whilst on the expedition. It is vital that leaders are aware of this for the safety and well-being of your child and others around them.

Should your child become unwell and need to go home, an emergency contact (parent / relative) must be available to call on to collect your child immediately.

Please confirm your up-to-date emergency contact details on the consent form.

### **Kit requirements**

Students will need to bring the items on the attached kit list. We have a limited supply of kit that can be loaned to your child at no extra cost (please see kit list). If your child needs to borrow any of these items: a sleeping bag, hiking boots or waterproof coat / over trousers for the expedition, please email: [dofekit@leesbrook.co.uk](mailto:dofekit@leesbrook.co.uk)

In the email subject, please put your child's full name and in the email, please remember to detail sizes needed (if applicable).

Please complete the reply form on Weduc giving consent for your child to take part in the practice expedition by Monday 29<sup>th</sup> January 2024.

I wish your child every success with their practice expedition. Should you have any questions about any aspect of the Award, please do not hesitate to contact me.

Yours faithfully



Mr A Waterhouse  
D of E Manager

# Lees Brook Academy D of E Kit List

It is vital to keep weight and volume to a minimum

Personal kit Provided by Student		
Item	Description	Check
1	Camp food - 1 dinner, 1 breakfast, 2 lunches	
2	Emergency food (wrapped in plastic bags and labelled e.g. cereal bar, dried fruit, jelly)	
3	Plimsolls or light / compactable trainers for use at campsite	
4	Hat - baseball cap in hot weather & woolly hat in colder weather	
5	Gloves (for cold weather expeditions)	
6	Knife, fork, spoon, bowl & mug - small & lightweight (plastic only)	
7	Bin bags x4 - For keeping things dry & rubbish etc.	
8	Personal medication (if applicable)	
9	Sun cream (high factor - essential if hot weather)	
10	Toiletries (Travel size) (toothbrush / paste, toilet paper, soap).	
11	Torch – with full batteries	
12	Hand towel (small)	
13	Walking clothes - plus one spare set (t-shirt / shorts / tracksuit bottoms / fleece / underwear) <b>NO JEANS</b>	
14	Walking socks – available from outdoor shops (two pairs)	
15	Watch	
16	Water bottles - plastic ideally; 2 x 750ml bottles or 2 x 1 litre bottles	
17	Whistle for emergency help	
18	Personal first aid kit – including Compeed Blister Plasters	
19	Survival bag (e.g. Hi Gear Survival Bag from Go Outdoors £2.25 approx.)	
20	Emergency blanket (put in carrier bag with name on – transported in the minibus should your child be cold at night)	
21	Hot Water Bottle (Optional for cold weather expeditions - transported in the minibus)	
22	Hand sanitiser and packet of wet wipes - small / pocket size	
Group kit One Per Walking Team		
Item	Description	Person responsible
23	Brillo pads / washing up liquid in a small bottle	
24	Matches (in waterproof container) no lighters	
25	Old dish cloth & tea towel	
26	Tin opener (if needed)	
27	Wooden spoon	
Kit available to loan from school (or provide yourself)		
We have limited supply. Please email <a href="mailto:dofekit@leesbrook.co.uk">dofekit@leesbrook.co.uk</a> if your child needs to borrow boots, sleeping bag or waterproofs. Please state in the email subject your child's full name and in the email, please remember to detail sizes needed (if applicable)		
Item	Description	Check
28	Hiking boots - High enough sides to protect from ankle injuries. Must be fully waterproof.	
39	Compact Sleeping bag (2 season for summer, 3 season for spring / autumn expeditions). Must be in compression sack	
30	Waterproofs - coat and over-trousers. Coat must have attached hood. Breathable fabric and fully waterproof.	
Kit provided by school This kit will be provided to all students.		
Item	Description	Check
31	Roll mat	
32	Trangia stove & Gas bottle	
33	Lightweight backpacking tent	
34	Rucksack (65L) - (you can provide your own rucksack)	

It is important to bring suitable clothing for unpredictable weather. Day 1 could be torrential rain and very cold with gale force winds. Day 2 could be warm and sunny. Be prepared! Should you have any questions, please ask your leader.