

Mental Health Statement of Practice



Lees Brook
Academy

Document Owner	Mrs T Morris
	Targeted Support Lead
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Introduction

“Good mental health is a state of well-being in which every individual realises their own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to their community.” (World Health Organization)

This document sets out the arrangements for ensuring that any pupil who requires support for their mental health and wellbeing is effectively supported at the academy. We aim to promote positive mental health for every member of our staff and student body. We pursue this aim using both universal, whole school approaches and specialised, targeted approaches aimed at vulnerable students.

Related Policies, Statements of Practice and Procedures

- Behaviour and Rewards Statement of Practice
- SEND Information Report 22-23
- RSHE Statement of Practice
- Attendance and Punctuality Statement of Practice
- Safeguarding and Child Protection Policy

Statement of Practice

We believe that every pupil has the right to feel loved, safe and secure within our Academy. In light of this, we actively seek to promote positive mental health and wellbeing in all staff and pupils, increase understanding and awareness of common mental health issues and alert staff to early warning signs of poor mental health and wellbeing. We are committed to providing support to staff working with young people with mental health and wellbeing issues as well as securing support for pupils suffering mental ill health.

In addition to promoting positive mental health, we aim to recognise and respond to mental ill health. Research for England suggests that one in seven secondary aged students have an identifiable mental health condition, and in an average classroom, three children will be suffering from a diagnosable mental health issue. By developing and implementing practical, relevant and effective mental health policies and procedures we can promote a safe and stable environment for students affected both directly and indirectly by poor mental health

Lead Members of Staff

Whilst all staff at Lees Brook Academy have a responsibility to promote the mental health and wellbeing of pupils, staff with a specific, relevant remit include:

Alana Watson – Trust Director of Safeguarding

Tracie Morris – Senior Designated Mental Health Lead

Nicola Moore – Deputy Designated Mental Health Lead

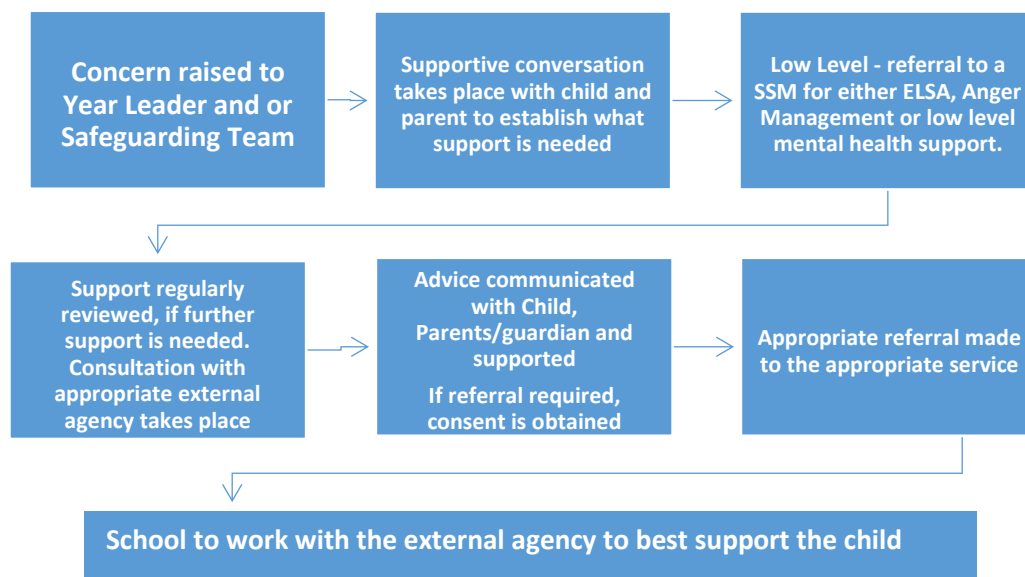
Katy Heffern - Head of PSHE and Designated Safeguarding Lead

Rory Barton – Mental Health First Aider

Support Procedure

Where a student expresses or raises concerns around their mental health and/or where staff have identified a student they believe is experiencing difficulties with their mental health, staff should ensure they follow the academy's procedures, documenting safeguarding concerns on CPOMS, contacting relevant agencies and parties and signposting students to other recognised support systems.

Pathway at Lees Brook Academy for concerns around mental health



If a student presents with an immediate risk to themselves and/or others and requires medical intervention, contact should be made with the appropriate services which may include attendance to A&E.

Tiered Support

Our academy use a variety of resources to support those students who require an additional level of intervention to support their mental health and wellbeing and follow a clear internal pathway to ascertain what that support might need to be.

We use areas of our curriculum to support students to understand their own mental health and promote their wellbeing. Our PHSE curriculum has a strong emphasis on enabling students to develop the skills, knowledge, understanding, language and confidence to seek help, as needed, for themselves or others while at the same time eradicating the stigma associated with mental health.

Students will be signposted to relevant agencies to offer further support such as KOOTH, Childline, Safe Speak and Young Minds and where a higher level of support, intervention and expertise is required, staff will refer to external agencies such as;

- CAMHS
- Compass Changing Lives
- Consultations with Specialist Community Advisors
- The School Health Team