



# Archway Learning Trust

## Expectations for Online Learning



Working Together. Transforming Lives.

- Being ready to learn by 8:20am
- Having all resources ready for 8:20am
- Having all electrical equipment charged ready to learn
- Having any other equipment like your stationary prepared ready to learn
- On time ready to learn for every lesson
- Being dressed in appropriate clothing

# TOP TIPS FOR BEING READY TO LEARN ONLINE

**A**

## **PREPARE YOUR EQUIPMENT THE NIGHT BEFORE**

Before you go to bed make sure all your devices are charged and check what lessons you have the next day to prepare what you will need.

**B**

## **GO TO BED AT A GOOD TIME**

Its important that you get enough sleep and establish sleeping routines so that you are up early and in a great mood to learn.

**C**

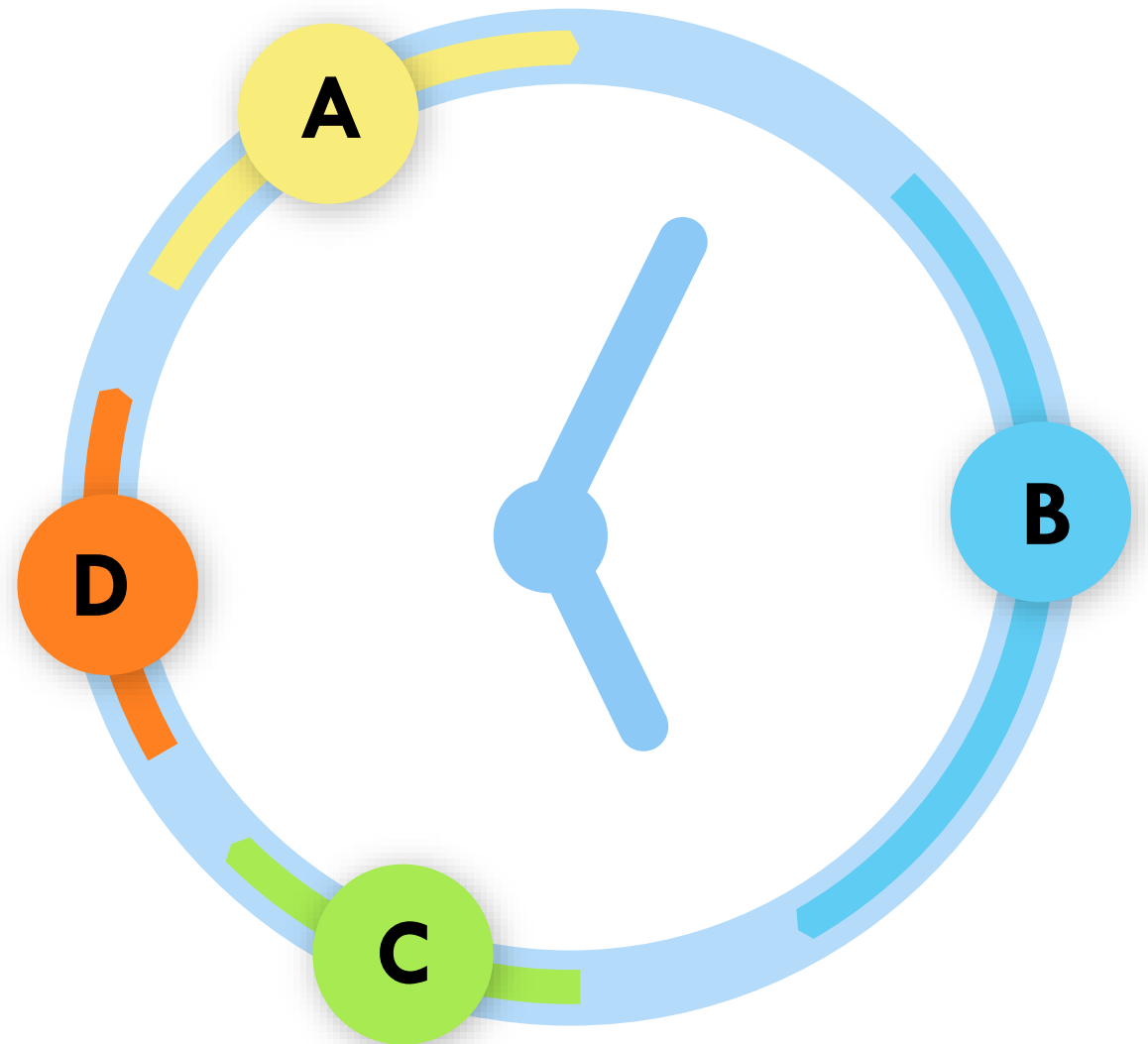
## **SET AN ALARM**

Set an alarm for 7:30am so that you have enough time to wake up, have breakfast, get a shower and be on time.

**D**

## **PREPARE A GOOD LEARNING SPACE**

Its important your learning in a comfortable place with enough space for your device and stationary. Try to be based near a plug so that your devices can stay charged.



# ATTITUDE TO LEARNING



- Positive attitude in every lesson
- Work to the best of your ability and complete all tasks
- Positive interaction with the teacher
- Continuous Interaction
- Only positive interaction
- Consider how your interaction impacts others experience

# TOP TIPS FOR STAYING FOCUSED



## EAT

**A**

It's important that you are not hungry through the day. Being hungry will distract you from learning to the best of your ability. Make sure you eat breakfast and lunch and prepare snacks for the day.

**B**

## STAY HEALTHY

It's important that you eat food that will best fuel your mind. Try cereal in the morning and a sandwich for lunch. High sugar foods will often lead to bad concentration.

**C**

## DRINK WATER

Drink water throughout the day. This will help you to stay hydrated and focused for your lessons. Stay away from high sugar, high caffeinated drinks.

**D**

## TAKE A BREAK FROM YOUR SCREEN

It's important that on break and dinner time you take a break from your screen and get some fresh air. Resist playing computer games or looking at your phone during your breaks.

**E**

## INTERACT POSITIVELY WITH YOUR TEACHER

Positive interaction and contributing to lessons is a great way to stay focused, stay motivated and learn in the most effective way online.

# ONLINE CONDUCT



- You are only allowed to sign in on your own account
- Inappropriate language or content will not be tolerated
- Live lessons must not be recorded by pupils due to data laws
- Live lessons must not be shared by pupils due to data laws
- If a behaviour would be unacceptable in school, its unacceptable online

# REWARDS



- Positive postcards home
- Positive calls home
- Amazon Vouchers
- Positive principal calls