

### Dance KS3 INTENT statements

#### Year 7 end points:

Students will:

- Develop knowledge of basic skills in choreography and performance
- Perform a set phrase within a group
- Identify strengths and weaknesses in self and peer performances
- Identify and apply basic choreographic devices used when creating a dance
- Describe the importance of warm ups and cool downs
- Recognise different dance style and where in the world these originate
- Take part in a range of dance activities which develops communication, cooperation and problem solving skills to enable effective team work
- Understand the benefits of leading fit and healthy active lifestyles
- To further enhance dance skills through attending extracurricular sessions
- To perform to an audience through community projects, school performances and events
- Through enrichment engage in the Arts Award 'Discover' programme of study