



**Lees Brook
Academy**

Friday 30 September 2022

Dear parents & carers,

Relationships and Sex Education Information Event

As part of your child's education at Lees Brook Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, throughout the year, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

RSE lessons include the following topics: Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings, becoming more independent; keeping safe and consent. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the academy in every Year group and is monitored and reviewed regularly by the staff and the Academy Advisory Board. Please visit the academy website for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our academy ethos and values.

We would like to invite you to attend a parent information event on Monday 10th October at 4pm to find out more about what your child will learn, view some of the materials and resources being used in lessons and discover how best you can support your child to discuss these topics at home.

As an academy community, we are committed to working in partnership with parents; parental feedback has always indicated that the overwhelming majority of parents continue to be highly supportive of the RSE programme. If you would like to find out more or discuss any concerns, we would urge you to attend the information event and we look forward to seeing you there. You will be able to book a place from the Forms section of your Parent Mail account.

Yours sincerely,

**Mrs C Heffern
Vice Principal**