

Monday 4<sup>th</sup> April 2022

Dear parents / carer(s),

**Year 9 Bronze D of E – Group B Assessed Expedition  
Friday 8<sup>th</sup> – Saturday 9<sup>th</sup> July 2022**

As part of the Duke of Edinburgh's Award Scheme, students will be undertaking their assessed expedition on the above date in the Peak District National Park. The expedition will be led by Lees Brook DofE staff. Students will be walking in the White Peak area and will stay at a campsite en route in the Peak District. Similarly to the practice expedition, students will be remotely supervised throughout the walk.

There will be an opportunity to have a small campfire during the evening, which will be supervised by staff. There will also be a short night walk, led by staff, to develop students' night navigation skills.

**Please be aware that your youngster must have completed their final 6 month sectional assessors report to be allowed to go on their Assessed Expedition this year. The deadline for this is Friday 10<sup>th</sup> June 2022.**

**Wednesday Before the Expedition**

Students are expected to attend a preparation session at school from 3.00pm – 4:30pm approx. to pack their rucksacks. Students will need to bring in all belongings necessary, in a bin bag labelled clearly with their name. This will be stored safely in the D of E Store Room and packed after school. Only perishable food / medication should be brought in on the day of the expedition.

**Expedition Schedule**

Students should arrive at school for 8:00am on the morning of the expedition. We will be leaving school shortly after and will travel to the Peak District by school transport.

We will be returning to school during the afternoon / evening on Saturday. We are unable to provide a specific return time due to the nature of the activity. There is limited mobile signal in the Peak District; however, your youngster will be able to contact you on the way to school to provide you with an estimated time of arrival.

Students are required to help unpack equipment on return to school which will take approximately 1 ½ hours. Your youngster will be free to make their own way home when this is complete.

**Mobile phones**

We encourage students to bring mobile phones for emergency use. It is, however, against D of E conditions for students to use mobile phones for any other reason during their expedition. Because of this, students will have their phone sealed in a tamper proof bag, which can be kept with them for emergency use. D of E is a great opportunity for some screen downtime!

### **Emergency Contact Details & COVID-19**

Please provide any information about your child, such as medical conditions, medication or personal circumstances that may affect your child's performance whilst on the expedition. It is vital that leaders are aware of this for the safety and well-being of your child and others around them.

We ask that you do not allow your child to attend the expedition if they have a positive test or have any symptoms of COVID-19.

Should your child become unwell and need to go home, an emergency contact (parent / relative) must be available to call on to collect your child from the Peak District immediately.

Please confirm your up-to-date emergency contact details on the consent form. Please also indicate on the reply form if you are happy for your child to be given Ibuprofen / Paracetamol by a First Aider, should they require it during the expedition.

### **Kit requirements**

Students will need to bring the items on the attached kit list. We have a limited supply of kit that can be loaned to your child at no extra cost (please see kit list). If your child requires any of these items for the expedition, please specify this on the personal kit loan request form.

Please complete the online reply form by **Friday 8<sup>th</sup> April 2022**, giving your consent for your youngster to take part in this expedition.


[https://forms.office.com/Pages/ResponsePage.aspx?id=iQyZI2eu\\_EqHzkcMI6\\_rN-VbkjtCMIpBtpYU1rTFX7IUQ0dHUDVIUTIPSUw2T09JOFBXRkRMMkpKUC4u](https://forms.office.com/Pages/ResponsePage.aspx?id=iQyZI2eu_EqHzkcMI6_rN-VbkjtCMIpBtpYU1rTFX7IUQ0dHUDVIUTIPSUw2T09JOFBXRkRMMkpKUC4u)

**If your youngster needs to borrow hiking boots, waterproofs or a sleeping bag, please request below:**

[https://forms.office.com/Pages/ResponsePage.aspx?id=iQyZI2eu\\_EqHzkcMI6\\_rN-VbkjtCMIpBtpYU1rTFX7IURUdOODhRROVMRku3UIRBWTFHMTBOVUMxQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=iQyZI2eu_EqHzkcMI6_rN-VbkjtCMIpBtpYU1rTFX7IURUdOODhRROVMRku3UIRBWTFHMTBOVUMxQy4u)

I wish your youngster every success with their Assessed expedition. Should you have any queries about any aspect of the Award, please do not hesitate to contact me.

Yours faithfully



Mr A Waterhouse  
D of E Manager

Personal kit Provided by Student		
Item	Description	Check
1	<b>Camp food</b> - 1 dinner, 1 breakfasts, 2 lunches	
2	<b>Emergency food</b> (wrapped in plastic bags and labelled e.g. cereal bar, dried fruit, jelly)	
3	<b>Plimsolls or light / compactable trainers</b> for use at campsite	
4	<b>Hat</b> - baseball cap in hot weather & woolly hat in colder weather	
5	<b>Gloves</b> (for cold weather expeditions)	
6	<b>Knife, fork, spoon, bowl &amp; mug</b> - small & lightweight (plastic only)	
7	<b>Bin bags x4</b> - For keeping things dry & rubbish etc.	
8	<b>Personal medication</b> (if applicable)	
9	<b>Sun cream</b> (high factor - essential if hot weather)	
10	<b>Toiletries (Travel size)</b> (toothbrush / paste, toilet paper, soap).	
11	<b>Torch</b> – with full batteries	
12	<b>Hand towel (small)</b>	
13	<b>Walking clothes</b> - plus one spare set ( t-shirt / shorts / tracksuit bottoms / fleece / underwear) <b>NO JEANS</b>	
14	<b>Walking socks</b> – available from outdoor shops (two pairs)	
15	<b>Watch</b>	
16	<b>Water bottles</b> - plastic ideally; 2 x 750ml bottles or 2 x 1 litre bottles	
17	<b>Whistle</b> for emergency help	
18	<b>Personal first aid kit</b> – including Compeed Blister Plasters	
19	<b>Survival bag</b> (e.g. Hi Gear Survival Bag from Go Outdoors £2.25 approx.)	
20	<b>Emergency blanket</b> (put in carrier bag with name on – transported in the minibus should your youngster be cold at night)	
21	<b>Hot Water Bottle</b> (Optional for cold weather expeditions - transported in the minibus)	
22	<b>Hand sanitiser and packet of wet wipes</b> - small / pocket size	

Group kit One Per Walking Team		
Item	Description	Person responsible
23	<b>Brillo pads / washing up liquid</b> in a small bottle	
24	<b>Matches</b> (in waterproof container) no lighters	
25	<b>Old dish cloth &amp; tea towel</b>	
26	<b>Tin opener</b> (if needed)	
27	<b>Wooden spoon</b>	

Kit available to loan from school (or provide yourself) We have limited supply. Please specify on the reply form if your youngster would like to borrow any of these items		
Item	Description	Check
28	<b>Hiking boots</b> - High enough sides to protect from ankle injuries. Must be fully waterproof.	
29	<b>Compact Sleeping bag</b> (2 season for summer, 3 season for spring / autumn expeditions). Must be in compression sack	
30	<b>Waterproofs</b> - coat and over-trousers. Coat must have attached hood. Breathable fabric and fully waterproof.	

Kit provided by school This kit will be provided to all students.		
Item	Description	
31	<b>Roll mat</b>	
32	<b>Trangia stove &amp; Gas bottle</b>	
33	<b>Lightweight backpacking tent</b>	
34	<b>Rucksack (65L)</b> - (you can provide your own rucksack)	

It is important to bring suitable clothing for unpredictable weather. Day 1 could be torrential rain and very cold with gale force winds. Day 2 could be warm and sunny. Be prepared! Should you have any questions, please ask your leader.