

01 February 2022

Dear Parents and Carers,

As a part of your child's education at Lees Brook Community School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. I am writing to let you know that, over the next few weeks, starting 7<sup>th</sup> February, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

RSE lessons in year 11 will include teaching about relationships, keeping safe and giving consent; developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <http://www.leesbrook.co.uk> for more detail about our PSHE curriculum.

All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values. If you would like find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home please let us know.

As a school community, we are committed to working in partnership with parents; we value the support given by you for the relationships and sex education programme.

Yours sincerely



Mrs C Heffern  
Vice Principal