



L2 Health and Social Care

Section A: Key vocabulary	
Vocabulary	Definition
Hazard	A hazard is any source of potential damage, harm or adverse health effects on something or someone.
Risk	A situation involving exposure to danger.
Risk assessment	A risk assessment is a systematic method of looking at work activities, considering what could go wrong, and deciding on suitable control measures.
Policies	A course or principle of action adopted or proposed by an organization or individual.
HASAWA	The Health and Safety at Work Act 1974
COSHH	Control of Substances Hazardous to Health
RIDDOR	Reporting of Injuries, Diseases and Dangerous Occurrences Regulations

Section B:	
UNIT 2: Health and safety in practice	
<p>This unit will develop your understanding of how health and safety works in practice. Everyone has the right to be protected from injuries and harm that could have been reasonably avoided. By law, all settings must identify potential hazards and have policies in place to minimise the risks of harm. Those working in health, social care and childcare must understand their responsibilities for health and safety and be able to apply these in practice. They need to be able to identify potential hazards and minimise the risks.</p>	
<p>MHOR</p>  <p>The diagram features the text 'WORK SAFETY' in large blue letters. Below it are six icons with labels: 'SAFETY FIRST' (a person with a checkmark), 'PROTECTION' (a person in a hard hat), 'REGULATIONS' (a stack of books), 'HAZARDS' (a warning triangle), 'HEALTH' (a hand holding a heart), and 'INSURANCE' (a person with a shield).</p>	<p>Manual Handling Operations Regulations</p>
<p>Activity: Outline the key points of the article below: https://complianceandethics.org/the-occupational-health-and-safety-rights-of-workers/</p>	

Section C:
The 5 steps to risk assessment
<p>The Health and Safety Executive's Five steps to risk assessment.</p> <p>Step 1: Identify the hazards.</p> <p>Step 2: Decide who might be harmed and how.</p> <p>Step 3: Evaluate the risks and decide on precautions.</p> <p>Step 4: Record your findings and implement them.</p> <p>Step 5: Review your risk assessment and update if necessary</p>
<p>Recommended research/reading:</p> <p>https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/306280/RR341_-_Employer_Involvement_in_Qualifications_Delivry_and_Assessment_Research_Report.pdf</p>
<p>Suggested book to read</p>  <p>The book cover for 'Health and Social Care' by Judith Adams, Mary Riley & Maria Ferreira-Pereira. It features a photograph of a smiling woman and a child. Logos for Cambridge International, OCR, and Hodder are visible at the bottom.</p>