


L2 Health and Social Care

Section A: Key vocabulary	
Vocabulary	Definition
Health environments.	Working places which include: hospital s, GP surgeries, walk-in centre's, dentist, optician and pharmacy / chemist
Social care environments	Working places which include: nursing homes, residential homes, day centre and extra-care/sheltered housing
Child care environments	Working places which include: playgroups, nursery's crèche, primary school, secondary school, college and after-school clubs.
Risk	Risk is the possibility of something bad happening.
Hazard	A hazard is something that can cause harm or damage to humans, property, or the environment.
BMI	Body Mass Index

Section B:	
Unit 1 Principles of working in health, social care and childcare	
<p>You will learn about individual's rights and ways those rights can be supported by care workers and by social policy. Effective communication is very important when working with individuals in need of care and support, this unit provides you with knowledge of practical ways of communicating in care settings. A basic introduction to the structure of the human body and some of the common conditions and diseases that affect individuals who require care.</p>	
Protected characteristics 	https://www.nottingham.ac.uk/nmp/sonet/rlos/placs/ppe/index.html Using the link above outline why each of the below are important in reducing the spread of infection.
Peak Flow	Peak flow is a simple measurement of how quickly you can blow air out of your lungs. It's often used to help diagnose and monitor asthma.

Section C:
The 8 main body systems
Circulatory system / Cardiovascular system Digestive system and Excretory system Endocrine system Integumentary system / Exocrine system Immune system and lymphatic system Muscular system Nervous system Renal system and Urinary system.
Recommended research/reading Websites: https://www.youtube.com/watch?v=LReJG7PrXFY https://www.nhs.uk/conditions/social-care-and-support-guide/ https://www.cqc.org.uk/
Suggested book to read 