

Year 11 GCSE Dance- Performance

| Performance | | |
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| Physical Skills | Physical skills are skills that require the use of the body to perform specific tasks. FABPECCSS | Flexibility, Alignment, Balance, Posture, Co-ordination, Control, Strength and Stamina. |
| Expressive Skills | Expressive skills are used to express and realise a character. Expressive skills may be used in different ways in different performance styles. | Focus, projection, facial expression, musicality. |
| Mental Skills | Thinking through or visualising the dance. | Commitment, concentration, confidence, movement memory, systematic repetition, mental rehearsal, rehearsal discipline, planning of rehearsal, response to feedback and capacity to improve. |
| Technical Skills | Accuracy of action, timing, dynamic, rhythmic and spatial content and the reproduction of movement in a stylistically accurate way. | |



Key Words

- Flexibility
- Projection
- Timing
- Musicality
- Systematic repetition
- Stylistic
- Expression
- Communication of Intent

Year 11 GCSE Dance- Choreography



| Choreography | |
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| Motif | A short phrase that can be repeated. |
| Choreographic Intention | What the choreographer wants to communicate through the piece. |
| Choreographic Approach | The process in which the choreographer creates the movement. |
| Stylistic features | Qualities that define the dance style/practitioner. |

| Structure | |
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| Binary | Falls into two large sections (usually both sections are repeated) Subcategories of binary form. AB. |
| Ternary | Ternary is a form consisting of three distinct sections. ABC, each section with a different style, music, theme or movement. |
| Narrative | Narrative form, is where your dance tells the audience a story. |
| Episodic | Choreography with several sections, linked by a theme. |

| Key Words |
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| Fragmentation |
| Retrograde |
| Foreground/ Background |
| Contrast |
| Canon |
| Question and Answer |
| Unison |
| Counterpoint |