

Exploring the future you... helping you to find out all about careers and pathways

There are 4 main options after leaving year 11 and this worksheet will help you to explore which may be the right pathway for you.



The whole of me.....



A career is about the life that you want to lead – not just the job, occupation or profession that you may end up in.

It involves choosing between possible and preferred options for your future – what are your career anchors? What matters to you in a job?

Now is an ideal time to think about your own values:

- What impact do you want to make on the world?
 - What is really important to you?
- What do you want to achieve - careers wise and life goals?
 - What do you want a career to give to you?

Thinking about the whole of you will help you to identify what your options are and what you would like to think about doing once you have left school.

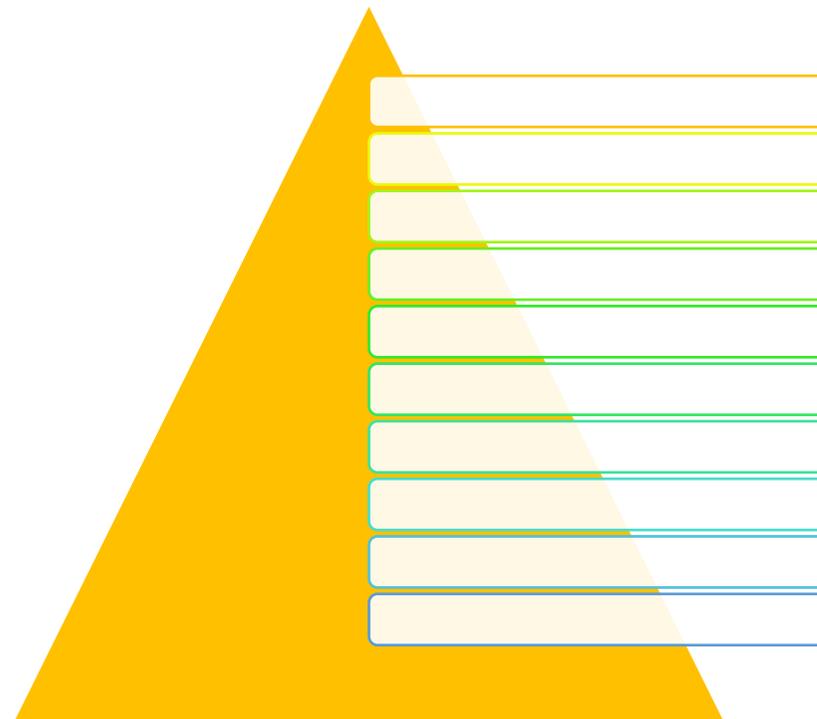
What are your Career values?



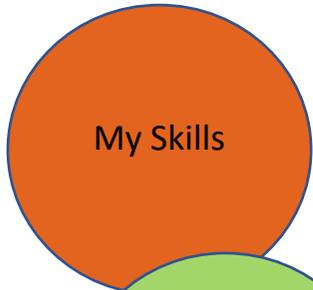
Now is an ideal time to start to think about what might be important to you in the future when you are thinking about your career / job plans. This activity can help you to think about your 'Career Anchors':

Some career anchors – you may want to add your own too
Earn a high salary
Progression and promotion
9am to 5pm Monday to Friday
Work outdoors
Big house and nice car
Lots of holidays
Working in a team
Working alone
Additional training or qualifications
Flexible working hours
Helping others
Routine

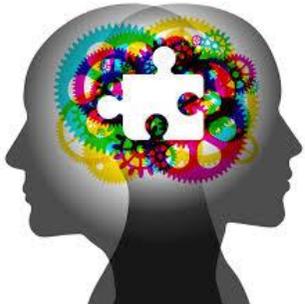
Now add the career anchors to the diagram below with the top of the pyramid being the most valued:



What makes us who we are?



<p>Click on the Buzz Quiz – this is a personality quiz that will help you to identify which areas of work you may be suited to.</p>	<p>What animal are you?</p>	<p>Explore 3 jobs that it suggests match your personality. What does the job involve?</p> <ol style="list-style-type: none"> 1. 2. 3.
<p>Take a skills Health Check</p>	<p>What 3 traits does it say you have?</p> <ol style="list-style-type: none"> 1. 2. 3. 	<p>What are the top 3 areas of work?</p> <ol style="list-style-type: none"> 1. 2. 3.
<p>Find out more about what skills are important in the workplace</p>	<p>What skills do you want to develop?</p>	<p>How can you do this?</p>



What do I know?

My
Knowledge

This one is important for being able to make those all-important decisions.

What are your top 5 [dream jobs](#)? How do you get in to them?

1.

2.

3.

4.

5.



Start by [exploring different job sectors](#) – maybe match them to your results from the skills. What did you find out about 2 different sectors?

1.

2.

These jobs actually exist???

Find out about some [unusual jobs](#), which ones did you like the best? What skills and entry requirements do you need to get in to them?

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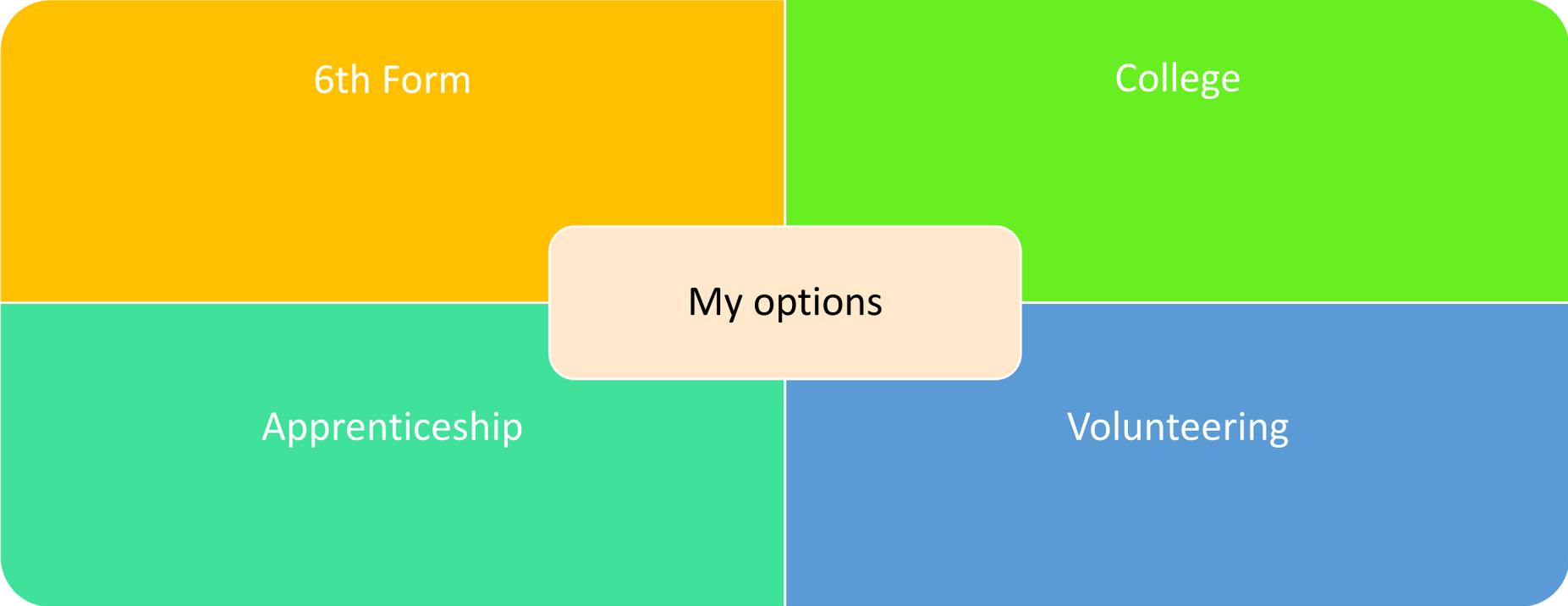
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What can I do?



It's important to start researching what your options are for after Year 11 so that you can make the best decision about your future. Use [UCAS](#) or [BBC Bitesize](#) to start some research into what the different options are – make a note of what you can study within the different options, what the entry requirements are, how you can apply, how you learn.



What are my experiences?

My work experiences

My life experiences

When we talk about work experiences it doesn't have to be actual 'work' – some of you won't have had the opportunity to do any work at the moment but you will have had lots of experiences of workplaces and life experiences. Start to research more options about the world of work and see what skills and strengths you have from school and homes experiences that could be useful to sell yourself on application forms.

Start by watching different clips on [Learn Live](#) and [Careers Box](#) – what jobs are most interesting?

- *
- *
- *
- *

Interested in a certain industry? Here are a few links to different industries....

STEM Careers – [Tomorrow's Engineers](#) and [Science Career Pathways](#)

Construction Careers – [Go Construct](#)

Health Care Careers - [Step in to the NHS](#) and [HealthCare](#) careers

ICT careers – [Prospects](#) and [IDEA](#)

Creative Careers – [CCSkills](#), [ScreenSkills](#) and [Creative Skills](#)

Sports Careers – [Careers in Sport](#)

There's also lots of different job profiles on [icould](#) and [National Careers Service](#)

How do I demonstrate my skills and strengths?

It's a good idea to look at the different jobs and see what skills and qualities they are asking for – have you got experiences that demonstrate them? For example, if they say that a job requires working in a team, what have you done in school that can demonstrate that? Give an example of where you have demonstrated the following:

- * Team work –
- * Good communication skills (verbal and written) –
- * Timekeeping –
- * Responsibility –

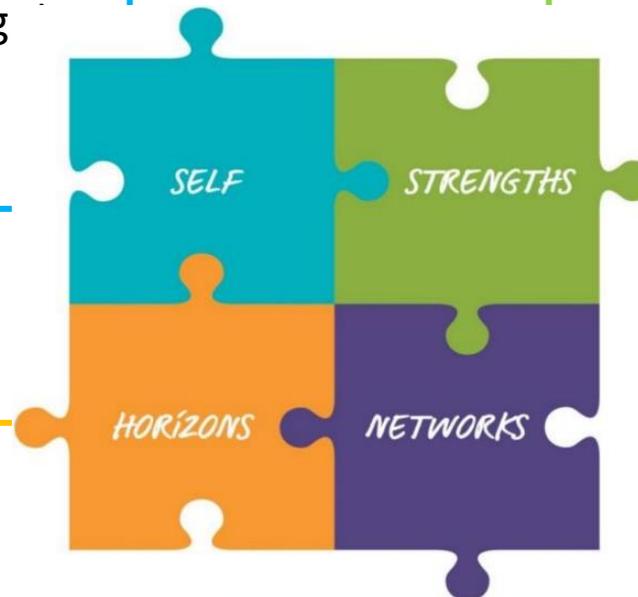


My world of work

How do I pull all of this together? This image demonstrates it really well:

Understanding your personality, interests and values is key to making right career decisions

Know how to use your talents, skills and personal qualities



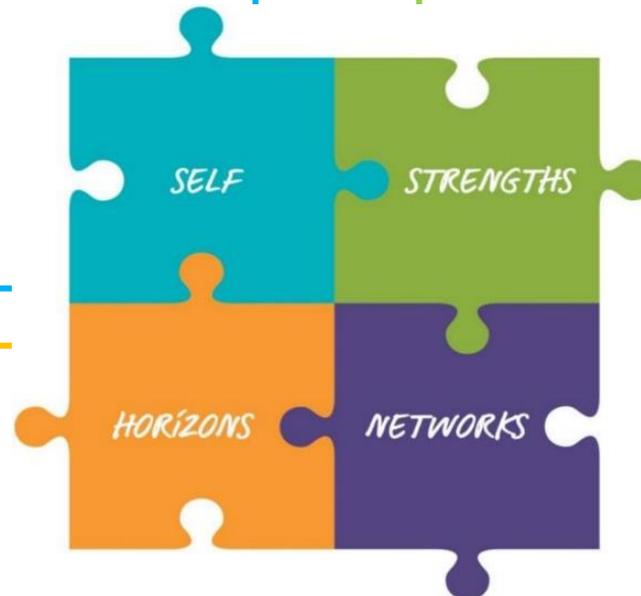
Explore the world of work, learning and training

Identify who can help you and how in your career journey

Now your go to pull it all together:

Personality, interests and values

Talents, skills and personal qualities



Work, learning and training

Who can help you?



What have I learnt about careers events that I have attended?

Reflection on the events you have attended can help you to make decisions about your future plans, record your thoughts and what you have learnt below:

Event	Date	What I did	What did I learn?	What do I want to find out more about?

