

Future Prospects



Students can go on to gain A Levels in Sport which can lead on to University courses;

Business sports Management
Coaching
Physiotherapy
Sports Science
and many more

Careers include:
Fitness Instructor
Sports Coach
PE Teacher
Sports Centre Management
and many more

GCSE Physical Education

2019-2021

Please see a member of the PE Team for more information

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A FOUNDING MEMBER OF



- Written Examination** 60%
Non-Examination Assessment 40%
- *Practical Assessment* 30%
 - *Performance analysis* 10%

If you have enjoyed the practical side of PE during years 7, 8 and 9 you now have the opportunity to develop your knowledge and understanding of the theory aspects and to study these components in more detail, along with the practical side of sport.

Your GCSE PE lessons will be in addition to your core PE lessons each week.

PE kit remains the same. A regular commitment to extra-curricular activities is needed to be successful in this course.

You will spend a large majority of your lessons in a classroom as you will still receive 2 practical PE lessons each week. Homework is set weekly and at the end of the course you have 2 written examinations that are multiple choice, short and long answers.

“I enjoy doing the theory as it is interesting and different”

“I chose PE as I wanted to further my knowledge and education in sport”

“Lessons are fun, both theory and practical”

Paper 1: 1 hour and 45 minutes

The human body and movement in physical activity and sport.

Applied anatomy and physiology, Movement analysis, Physical training and use of data.

Paper 2: 1 hour and 15 minutes

Sociocultural influences and well being in physical activity and sport.

Health, fitness and well being, sport psychology, socio-cultural influences and use of data.

Non-examination assessment: 30%

Practical Performance in physical activity and sport

You will be assessed by a practical examination that's for 30% of your GCSE grade.

Students must be assessed in 3 different activities (1 team, 1 individual and 1 from either list as a performer)

Non-examination Performance analysis: 10%

Personal Exercise Programme (PE)

- Students develop their ability to analyse and evaluate their personal fitness to improve/optimize performance in physical activity/sport
- Must cover 6-8 week period up to a combined duration of 12 hours in any physical activity