

## GCSE Food and Nutrition

Written Paper 50%  
Coursework 50%  
Foundation Tier G - C  
Higher Tier D - A\*

### Where would we be without new ideas?

This course suits students who enjoy cooking and tasting their food, working on their own and as part of a team. The course includes an investigation task which lasts approximately 30 hours that includes written and practical work.

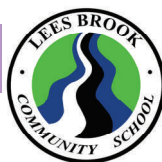
#### During this course you will cover the following topics:

- Nutrition and Health
- Planning and preparing healthy meals
- Food preparation, processing and safety
- Purchasing food and catering equipment

Students can go on to study an A Level in Home Economics or a vocational BTEC or Apprenticeship or NVQ in Food, cooking or Hospitality and Catering.

You will need to supply ingredients for your practical cooking lessons, which will be most weeks.

Please see a member of the Technology Team for more information



The Skills  
Academy

